

Since 1983, over 4,000 agencies have benefited from our highly resourced, state-of-the-art programs.

MOAB's goal is to teach participants how to protect themselves against injury, and how to control individuals without causing them harm. Our valuable programs empower people with excellent verbal, nonverbal, and physical skills to avert conflict and injuries.

# NANA Training Systems Solutions

## MOAB Management Of Aggressive Behavior

### TRAINING PROGRAMS

Training & Consulting Solutions **FOR ALASKA**

*Principles, Techniques, and Skills*

MOAB presents principles, techniques, and skills for recognizing, reducing, and managing violent and aggressive behavior.

Regardless of your age, size or strength, you can

create a win-win situation in difficult confrontations and resolve conflicts diplomatically with verbal and non-verbal communication, personal defense, and safety skills.



*Strategies Control Options*

### MOAB Courses

**Three Hour Introduction** - In this hands-on session you will learn escort options, strategies to avoid physical harm, and how to control aggressive behavior through state-of-the-art principles and techniques.

**Part One** - Basic Course  
An intensive one-day session to prevent, manage, and diffuse aggressive behavior by recognizing gestures, postures, and facial

expressions. You will learn the stages of conflict and management techniques, the definition of "personal space," when assault is imminent and what to do.

**Part Two** - Basic Course  
This is an optional second day of hands-on training. Using the most modern and current techniques and principles, you will practice 52 specific strategies for handling aggression, including defensive techniques for guns, edged weapons, and choke holds.



*Organizations*

What types of organizations use MOAB training?

- Law Enforcement
- Public Safety
- Hospitals
- Behavioral Health Facilities
- Corporations
- Security Personnel
- Home Health Care Providers
- Frequent Travelers
- Case Workers
- Corrections Personnel
- Military
- Federal & State Agencies
- Academic Organizations

